

DAY 1

AM

- ◆ Building layout & fire drills Eyesight and Licence check Medical conditions
- ◆ Introduction to course Course Programme (Elements A-E)
- ◆
 - Instructor qualifications
 - Legal responsibilities for instructors
 - Accident & Injury procedure
 - Company procedures & process
 - Insurance FSB
- ◆ Cardington process Licences & Categories
- ◆ Deliver Element A

PM

- ◆ Intro to Methods of Instruction
- ◆ Deliver Element B
- ◆
 - Teach back 1 in Element A
 - Teach back 1 in Element B
- ◆ Debrief on days events

Instructor Prep:

- Element A & B
- NB: Get radios ready for the following day

DAY 2

AM

- ◆ Discuss any issues from previous day
- ◆
 - Teach back Element A
 - Teach back Element B
- ◆ NB: Deliver remaining lessons in Element B if not complete on Monday
- ◆ Deliver Element C

PM

- ◆ **Road ride Skills (initial assessment – brush up on personal skills)**
- ◆ Deliver Element C
 - Pulling away and stopping
 - Slow Control
 - Fig 8
- ◆ Debrief on days events

Instructor Prep:

- Element B to complete
- Prep Element C that are complete
- Look at other lessons if applicable

DAY 3

AM

- ◆ Discuss any issues from previous day
- ◆
 - Teach back Element B
 - Teach back 1 in Element C
- ◆ Continue to deliver Element C

PM

- ◆ Deliver Element D
 - Road Ride lessons
 - Introduce wording to be used
 - Teach how to control student
- ◆ Debrief on days events

Instructor Prep:

- Prep Element A & B teachbacks (selected)
- Prep Element C for delivery (selected)
- Read through Element D lesson plans
- Read through Element E lessons plans

DAY 4

AM

- ◆ Discuss any issues
- ◆
 - Teach back Element A & B
 - Teach back Element C

PM

- ◆ Teach back Element D
- ◆ Debrief on days events

Instructor Prep:

- Read through Element E lessons plans
- Study wording to be used by examiner

DAY 5

AM

- ◆ Discuss any issues
- ◆ Deliver Element D
- ◆
 - Road work as confirmation
 - Safety brief Radio brief
 - Getting lost procedure
 - Riding style for instructor
 - Wording to be used when training

PM

- ◆ **Road Ride lessons (Radio work)**
 - Hill start
 - Roundabouts
 - Junctions
 - U Turn
 - General riding
 - Warm up
 - Counter steering
- ◆ Instructor demos to show standard Use of the radio
- ◆ Difference between proactive & reactive instruction
- ◆ More in-depth instruction needs to be at the side of the road
- ◆ Debrief on days events

Instructor Prep:

- All lessons and come back for a few days to elevate training experience

